



PE Curriculum Intent

Intent

We are committed to ensuring everyone develops competence to excel in a broad range of physical activities. We aim to ensure that pupils are physically active for sustained periods of time as well as engage in competitive sports and activities. We aim that all pupils will lead healthy, active lives. At St Nicholas school, PE and sports are a central part of our curriculum both in school and through extracurricular activities and this has been recognised through the Gold Sports Mark award. The Government is providing each primary school in England with additional funding to improve the sports provision within schools and a detailed report of how this is used is available on the school website. We are active members of the Stevenage Sporting Futures to aid these aims.

Implementation

All students receive 2 hours of timetabled PE lessons per week. Teachers will strive to ensure all pupils develop a love of PE and movement. Staff will be encouraged to attend a range of subject development training. The school has developed a number of links with outside sport clubs (e.g. Rugby, Cricket, Athletics, football) and professional support staff, to offer high quality teaching. Learning takes place when pupils feel secure and confident, all pupils will know success. Pupils will be engaged and inspired by a wide and varied curriculum.

We follow the suggested SSFT scheme of work, to ensure full coverage and progression through the school. This provides lessons to develop the children's skills in games, gymnastics, dance, athletics and swimming. This is supported by timetabled additional activities such as sailing, canoeing, high ropes, and climbing through our local facilities – when available. We also include activities such as archery, boccia and Lacrosse. Pupils are encouraged to monitor their personal fitness levels through activities such as the whole school “on tour” and the “Fit Kidz Go Programme”. In addition to timetabled lessons the school offers a wide range of extracurricular activities. The school has competitive teams for both girls and boys football and girls netball. There is also a development netball team. The school has a programme of lunchtime and after school clubs, including clubs run by our Year 6 sports ambassadors. The school has a sports apprentice undertaking training and supporting the school in its PE.

Children are encouraged to take part in a range of activities – including the dance festival, speed stacking and numerous tournaments. The range of offers ensures that all pupils can

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participate. The school is dedicated to competitive sports as well as development activities. Children are encouraged to lead an active, outdoor lifestyle with “walk to school” and forest school.

Teachers assess children in a range of ways. The school has active links with the local community where talented pupils are signposted to. Pupils are encouraged to become leaders and the school has sports ambassadors to promote an active lifestyle and organise in-school competitions and lunchtime activities. Opportunities to take part in a range of Lunch time and After-School Clubs are provided.

Impact

Children enjoy PE and are inspired and engaged. The school takes part in many competitive and inclusive tournaments and festivals throughout the year. Less active pupils are encouraged to take part in tailored opportunities. In 2023 the Girls netball team and the development netball team were both in the top three places in the league. The Girls 'football team were promoted to the first division. Pupils received gold, Silver and bronze medals in athletics and cross country in Stevenage and surrounding villages inter school sports competitions. The school holds the Gold Mark for school games. Further information can be found on the school website (Evidencing the impact of the PE and sport premium) and from the criteria for the Schools Games Mark.

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